



# Food Services

Michigan Medicaid and your Medicaid health plan are offering food services to improve your health. You may qualify for one of these services at no cost to you. The food service(s) include:

- Medically Tailored Home Delivered Meal
- Healthy Home Delivered Meal
- Healthy Food Pack
- Produce Prescription

It is up to you whether you use a food service if you qualify. Your Medicaid coverage and access to other medical services will stay the same if you use a food service or choose not to.

You can file a grievance or appeal about the food service, for example, if you are not approved for a food service. Information on how to file a grievance or appeal can be found on page 44.

Keep reading to learn more about your food service options and if you may qualify for a food service. If you have any questions, call **Member Services** at **(888) 898-7969** or visit [molinahealthcare.com/members/mi/en-us/mem/Medicaid/overvw/resources/FoodServices.aspx](https://molinahealthcare.com/members/mi/en-us/mem/Medicaid/overvw/resources/FoodServices.aspx) for more information.

## Medically Tailored Home Delivered Meal

Through the Medically Tailored Home Delivered Meal service, you will receive up to two healthy meals delivered to your home for 5 days a week for 4 weeks. These meals are tailored to your health needs.

You will also get help from a registered dietitian. This person is a nutrition expert and will give you guidance on choosing healthy foods.

This service is for members who cannot get enough food when they need it, cannot shop for and cook their own healthy meals, **AND:**

- Have an illness that can be improved with a healthy diet, like diabetes, congestive heart failure, chronic obstructive pulmonary disease (COPD), hypertension, human immunodeficiency virus (HIV), cancer with malnutrition, sickle cell disease, renal/kidney disease, diabetes during pregnancy, or other pregnancy complications; **OR**
- Have been in a hospital or skilled nursing facility in the last 60 days.



## Healthy Home Delivered Meal

Through the Healthy Home Delivered Meal service, you will receive up to two healthy meals per day delivered to your home for 5 days a week for 12 weeks.

This service is for members who cannot get enough food when they need it, cannot shop for and cook their own healthy meals **AND:**

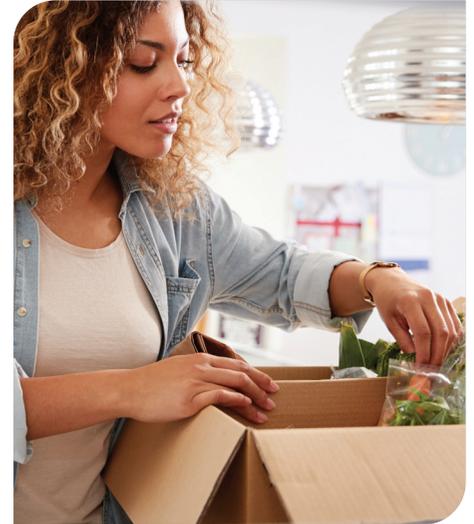
- Have an illness that can be improved with a healthy diet, like diabetes, congestive heart failure, chronic obstructive pulmonary disease (COPD), hypertension, human immunodeficiency virus (HIV), cancer with malnutrition, malnutrition, sickle cell disease, or renal/kidney disease; **OR**
- Have been in a hospital or skilled nursing facility in the last 60 days; **OR**
- Are pregnant and currently have, have a history of or are at risk of complications from being pregnant, including things like diabetes while pregnant, preeclampsia, and dehydration; **OR**
- Used to be in foster care and have an illness that can be improved with a healthy diet; **OR**
- Are a child that has too much lead in their blood or is obese; **OR**
- Are eligible for the Children's Special Health Care Services (CSHCS) program.

## Healthy Food Pack

Through the Healthy Food Pack service, you will be able to pick up a mix of healthy foods or have them delivered to your home once a week or once every other week for 12 weeks.

This service is for members who cannot get enough food when they need it, cannot shop for their own healthy foods **AND**:

- Have an illness that can be improved with a healthy diet, like diabetes, congestive heart failure, chronic obstructive pulmonary disease (COPD), hypertension, human immunodeficiency virus (HIV), cancer with malnutrition, malnutrition, sickle cell disease, or renal/kidney disease; **OR**
- Have been in a hospital or skilled nursing facility in the last 60 days; **OR**
- Are pregnant and currently have, have a history of or are at risk of complications from being pregnant, including things like diabetes while pregnant, preeclampsia, dehydration; **OR**
- Used to be in foster care and have an illness that can be improved with a healthy diet; **OR**
- Are a child that has too much lead in their blood or is obese; **OR**
- Are eligible for the Children's Special Health Care Services (CSHCS) program.



## Produce Prescription

Through the Produce Prescription service, you will receive a voucher to buy fruits and vegetables for once a week for 12 weeks.

This service is for members who cannot get enough food when they need it **AND**:

- Have an illness that can be improved with a healthy diet, like diabetes, congestive heart failure, chronic obstructive pulmonary disease (COPD), hypertension, human immunodeficiency virus (HIV), cancer with malnutrition, malnutrition, sickle cell disease, or renal/kidney disease; **OR**
- Have been in a hospital or skilled nursing facility in the last 60 days; **OR**
- Are pregnant and currently have, have a history of or are at risk of complications from being pregnant, including things like diabetes while pregnant, preeclampsia, dehydration; **OR**
- Used to be in foster care and have an illness that can be improved with a healthy diet; **OR**
- Are a child that has too much lead in their blood or is obese; **OR**
- Are eligible for the Children's Special Health Care Services (CSHCS) program.

