



Provider Newsletter

For Molina Healthcare of Nevada, Inc. providers

Second quarter 2025

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Salesforce communications

Several Molina Healthcare departments have transitioned to Salesforce, an AI CRM-database for email communication. As a result, you will now receive emails from us via Salesforce. If you have blocked this type of communication, please unblock it to receive important messages such as approval and credentialing decisions. Work with your IT department to unblock these emails by following the steps below:

- 1.** Allow Salesforce email IP addresses to pass through your organization's email system. Below is a list of IP addresses where emails will originate.
- 2.** Verify that your organization's email system supports secure connections (TLS) with the appropriate settings.
- 3.** Ensure your organization's mail server can correctly route emails from Salesforce.
- 4.** Check the authentication protocols on your organization's email server to ensure proper communication.

IP range:
13.108.0.0 –
13.111.255.255

Description:
Salesforce primary
email sending IP
range.

IP range:
96.43.144.0 –
96.43.159.255

Description:
Additional IP
range used for
email relays and
SMTP mail servers.

IP range:
182.50.78.0 –
182.50.78.255

Description:
IP range
associated with
specific Salesforce
email services.

Once these configurations are verified and set up, email communication should function properly between Salesforce and your system.

Molina's utilization management

One of Molina's utilization management (UM) department's goals is to render appropriate UM decisions consistent with objective clinical evidence. To achieve this goal, Molina maintains the following guidelines:

- Our highly trained UM staff evaluates medical information received by our providers against nationally recognized objective and evidence-based criteria. We also consider individual circumstances (at minimum age, comorbidities, complications, progress of treatment, psychosocial situation and home environment, when applicable) and the local delivery system when determining the medical appropriateness of requested health care services.
- Molina's clinical criteria include:
 - MCG criteria that are utilized to conduct inpatient review (except when Change Healthcare InterQual® is contractually required)
 - American Society of Addiction Medicine (ASAM) criteria
 - National Comprehensive Cancer Network (NCCN)
 - Hayes Directories
 - Applicable Medicaid guidelines
 - Molina Clinical Policy (MCP) and Molina Clinical Review (MCR) (developed by designated corporate medical affairs staff in conjunction with Molina physicians serving on the Medical Coverage Guidance Committee)
 - UpToDate®
 - Other nationally recognized criteria, including technology assessments and well-controlled studies that meet industry standards, Molina policy, and when appropriate, third-party (outside) board-certified physician reviewers
- Molina ensures all criteria used for UM decision-making are available to practitioners upon request. The clinical policy website, [MolinaClinicalPolicy.com](https://www.molinaclinicalpolicy.com), provides access to (MCP) and (MCR) criteria. Providers can also access the MCG Cite for Care Guideline Transparency tool through our Availity Essentials provider portal - [Portal](#). To obtain a copy of the UM criteria, call our UM department at **(833) 685-2103**.
- As the requesting practitioner, you will receive written notification of all UM denial decisions. If you need assistance contacting a medical reviewer about a case, please call the UM department at **(833) 685-2103**.

It is important to remember:

- UM decision-making is based only on the appropriateness of care and service and the existence of coverage.
- Molina does not specifically reward practitioners or other individuals for issuing denials of coverage or care.
- UM decision-makers do not receive financial incentives or other types of compensation to encourage decisions that result in underutilization.
- Practitioners may freely communicate with patients about their treatment, regardless of benefit coverage.

Molina's utilization management (continued)

- Medicaid members have the right to a second opinion from a qualified practitioner. If an appropriate practitioner is not available in-network, Molina will arrange for a member to obtain a second opinion out of network at no additional cost to the member. Molina provides for a second opinion from a qualified in-network practitioner. Members from all Molina lines of business and programs should refer to their benefit documents (such as schedule of benefits and/or evidence of coverage) for second-opinion coverage benefit details, limitations and cost-share information. If an appropriate practitioner is unavailable in-network, prior authorization (PA) is required to obtain the second opinion of an out-of-network provider. Claims for out-of-network providers without a PA will be denied, unless regulation dictates otherwise. All diagnostic testings, consultations, treatments, and/or surgical procedures must be a benefit under the plan and meet all applicable medical necessity criteria to be covered.
- Some of the most common reasons for a delay or denial of a request include:
 - Insufficient or missing clinical information to provide the basis for making the decision
 - Lack of or missing progress notes or illegible documentation

Molina's UM department staff is available for inbound collect or toll-free calls during regular business hours to provide information about the UM process and the authorization of care. If you wish to speak with a member of the UM staff, please call **(833) 685-2103**. You may also fax a question about an UM issue to Molina. The medical director is available to answer more complex medical decision questions and explain medical necessity denials.

Molina offers the ability to quickly and conveniently submit and check PA status through the Availity provider portal at [Portal](#).

Molina PA fax numbers include:

- **Advanced imaging: (877) 731-7218**
- **Medicaid:** For inpatient, outpatient and behavior health **(775) 460-4900**
- **Marketplace:** Behavioral health authorizations **(833) 322-1061**
- **MMP physical & behavioral health: (844) 251-1541**
- **Medicare physical & behavioral Health: (844) 251-1540**
- **Medicare and MMP inpatient: (844) 834) 2152**
- **Medicare Part D pharmacy: (866) 290-1309**

For information about Molina's formulary PA and the exception process, please refer to the Drug Formulary and Pharmaceutical Procedures article.

Molina's regular business hours are Monday-Friday (excluding holidays) 8 a.m.-5 p.m. Voicemail messages and faxes received after regular business hours will be returned the following business day. Molina has language assistance and TDD/TTY services for members with language barriers, members who are deaf or hard of hearing, and those with speech disabilities.

Case management

Molina offers you and your patients the opportunity to participate in our complex case management program. Members must have the most complex service needs for this voluntary program. This may include members with multiple medical conditions, high levels of dependence, conditions that require care from multiple specialties and/or additional social, psychosocial, psychological and emotional issues that exacerbate the condition, treatment regime and/or discharge plan.

The purpose of the Molina complex case management program is to:

- Conduct a needs assessment of the patient, patient's family and/or caregiver
- Provide intervention and care coordination services within the benefit structure across the continuum of care
- Empower our patients to optimize their health and level of functioning
- Facilitate access to medically necessary services and ensure they are provided at the appropriate level of care in a timely manner
- Provide a comprehensive and ongoing care plan for continuity of care in coordination with the provider, the provider's staff, the member and the member's family

If you would like to learn more about this program, speak with a complex case manager, and/or refer a patient for an evaluation by calling toll-free **(833) 685-2102**.



Important message – Updating provider information

Molina Healthcare of Nevada must keep our provider network information current. Up-to-date provider information allows Molina to accurately generate provider directories, process claims and communicate with our provider network. Providers must notify Molina in writing at least 30 days in advance, when possible, of changes, such as:

- Change in practice ownership or Federal Tax ID number
- Practice name change
- A change in practice address, phone or fax numbers
- Change in practice office hours
- New office site location
- Primary care providers (PCP) only: If your practice opens or closes to new patients
- When a provider joins or leaves the practice

Changes should be submitted on the Provider Information Update Form (PIF) , which is located online [Provider Forms | Medicaid](#).

Send changes to:

Email: NVProviderRelations@MolinaHealthcare.com

Contact your **Provider Services representative** at **(833) 685-2103** if you have questions.

Practitioner credentialing rights: What you need to know

Molina must protect its members by assuring their care is of the highest quality. One protection is the assurance that our providers have been credentialed according to the strict standards established by the state regulators and accrediting organizations. As a Molina provider, your responsibility includes full disclosure of all issues and timely submission of all credentialing and re-credentialing information.

Molina is also responsible to its providers to ensure that the credentialing information it reviews is complete and accurate. As a Molina provider, you have the right to:

- Strict confidentiality of all information submitted during the credentialing process
- Non-discrimination during the credentialing process
- Be notified of information obtained during the credentialing process that varies substantially from what you submit
- Review information submitted from outside primary sources (e.g., malpractice insurance carriers, state licensing boards) to support your credentialing application, except for references, recommendations or other peer-review protected information
- Correct erroneous information
- Be informed of the status of your application upon request by calling the credentialing department at **(833) 685-2103**

Practitioner credentialing rights: What you need to know (continued)

- Receive notification of the credentialing decision within 60 days of the committee decision or shorter timeframes as contractually required
- Receive notification of your provider's right to appeal an adverse decision made by the committee
- Be informed of the above rights

Please review our Provider Manual for further details on all your rights as a Molina provider. You may review the Provider Manual on our website at:

[Provider Materials | Medicaid \(MolinaHealthcare.com\)](#)

[Forms and Documents \(Molinamarketplace.com\)](#) < [Provider Resources](#) < [Provider Manual](#)

[Medicare Providers \(MolinaHealthcare.com\)](#) < [Provider Manuals](#) < [Nevada](#)

You also can contact your Provider Services representative at:

Phone number: **(833) 685-2103**

Email: NVProviderRelations@MolinaHealthcare.com

Drug Formulary and pharmaceutical procedures

At Molina, the Drug Formulary (sometimes referred to as a Preferred Drug List (PDL) and pharmacy services procedures are maintained by the National Pharmacy and Therapeutics (P&T) Committee. This committee meets quarterly or more frequently if needed.

The P&T Committee is responsible for developing and updating drug formularies that promote safety, effectiveness and affordability where state regulations allow. The committee objectively reviews new Food and Drug Administration (FDA) approved drugs, drug classes, new clinical indications for existing drugs, new line extensions and generics, new safety information, new clinical guidelines and practice trends that may impact previous formulary placement decisions. Additional committee oversight includes PA, step therapy, quantity limits, generic substitutions, medical exception protocols to allow coverage for non-formulary drugs, other drug utilization management activities that affect access, and drug utilization evaluations and intervention recommendations for Molina health plans. Drug formulary activities are inclusive of prescriber-administered specialty medications as a medical benefit and pharmacy benefit services.

The drug formularies reviewed and approved by the P&T Committee are updated quarterly and include an explanation of quantity limits, age restrictions, therapeutic class preferences and step therapy protocols. These changes and all current documents are also posted on our website at:

- [Member Materials and Forms | Medicaid \(MolinaHealthcare.com\)](#)
- [Member Forms \(molinamarketplace.com\)](#)
- [Pharmacy and Prescription Drug \(MolinaHealthcare.com\)](#)

Drug Formulary and pharmaceutical procedures (continued)

Providers may request a formulary exception for coverage of a drug outside of the drug formulary restrictions. A formulary exception should be requested to obtain a drug not included on a member's drug formulary or to request that a UM requirement be waived (e.g., step therapy, PA, quantity limit) for a formulary drug. Select medications on the drug formulary or drugs not listed on the formulary may require PA. PA is a requirement that a prescriber obtains advance approval from Molina before a specific drug is delivered to the member to qualify for payment coverage. The drug formulary/PDL is available online at:

- **Member Materials and Forms | Medicaid (molinahealthcare.com)**
- **Member Forms (molinamarketplace.com)**
- **Pharmacy and Prescription Drug (molinahealthcare.com)**

The P&T Committee also promotes member safety. In the event of a Class II recall or voluntary drug withdrawal from the market for safety reasons, affected members and prescribing practitioners will be notified by Molina within 30 calendar days of the FDA notification. An expedited process is in place to ensure notification to affected members and prescribing practitioners of Class I recalls as quickly as possible. These notifications will be sent by fax, mail and/or telephone.

Resources available on Molina's provider website

Featured online at MolinaHealthcare.com/NV:

- Clinical practice and preventive health guidelines
- Health management programs
- Quality improvement programs
- Member rights and responsibilities
- Privacy notices
- Provider Manual
- Current formulary
- Cultural competency provider trainings

If you would like to receive any of the information posted on our website in a printed format, please call **(833) 685-2103**.

Translation services

Molina can provide information in our members' primary language. We can arrange for an interpreter to help you speak with our members in almost any language. We also provide written materials in different languages and formats. If you need an interpreter or written materials in a language other than English, please contact Molina at **(833) 685-2103**. You can also call **TTD/TTY: 711** if a member has a hearing or speech disability.



Patient safety

Patient safety activities encompass appropriate safety projects and error avoidance for Molina members in collaboration with their PCPs.

The Molina patient safety activities address the following:

- Continued information about safe office practices
- Member education about members taking an active role in reducing the risk of errors in their care
- Member education about safe medication practices
- Cultural competency training
- Improvement in the continuity and coordination of care between providers to avoid miscommunication
- Improvement in the continuity and coordination between sites of care, such as hospitals and other facilities, to ensure timely and accurate communication
- Distribution of research on proven safe clinical practices

Molina also monitors nationally recognized quality index ratings for facilities from:

- Leapfrog Quality Index Ratings ([leapfroggroup.org](https://www.leapfroggroup.org))
- The Joint Commission Quality Check® ([qualitycheck.org](https://www.qualitycheck.org))

Providers can also access the following links for additional information on patient safety:

- The Leapfrog Group ([leapfroggroup.org](https://www.leapfroggroup.org))
- The Joint Commission ([jointcommission.org](https://www.jointcommission.org))

Care for older adults

Many adults over 65 have comorbidities that often affect their quality of life. As this demographic ages, decreased physical function, cognitive ability and increased pain are common. Regular assessment of these additional health aspects can help ensure this population's needs are appropriately met.

- Advance care planning – Discussions regarding treatment preferences, such as advance directives, should start before the member is seriously ill.
- Medication review – All medications the member takes, including prescription and over-the-counter medications or herbal therapies, should be reviewed.
- Functional status assessment – including assessments such as functional independence or loss of independent performance.
- Pain screening consists of notating the presence or absence of pain.

Providers should include these components in their standard well-care practice for older adults to help identify unrecognized ailments and increase their quality of life.

Hours of operation

Molina requires that providers offer Molina members hours of operation no less than hours offered to commercial members.

Non-discrimination

All providers who join the Molina provider network must comply with the provisions and guidance set forth by the Department of Health and Human Services (HHS), the Office for Civil Rights (OCR), state law and federal program rules prohibiting discrimination. For additional information, please refer to:

- Medicaid: Molina Medicaid Member Handbook located at MolinaHealthcare.com/members/nv/enus/mem/medicaid/member-materials-and-forms.aspx.
- Medicare: Evidence of Coverage located at MolinaHealthcare.com/members/nv/en-us/mem/medicare/plan-materials.aspx.
- Marketplace Evidence of Coverage located at MolinaMarketplace.com/marketplace/nv/en-us/MemberForms.aspx.

Additionally, participating providers or contracted medical groups/IPAs may not limit their practices because of a member's medical (physical or mental) condition or the expectation for frequent or high-cost care.

Member rights and responsibilities

Molina wants to inform its providers about some of the rights and responsibilities of Molina members.

Molina members have the right to:

- To be provided with information about Molina Healthcare of Nevada, its services, the practitioners providing care and members' rights and responsibilities in accordance with 42 CFR 438.10
- To be able to choose primary care practitioners, including specialists as their PCP if the member has a chronic condition, within the limits of the network, including the right to refuse care from specific practitioners
- To participate in decision-making regarding their health care, including the right to refuse treatment
- To pursue resolution of grievances and appeals about the contractor or care provided
- To formulate advance directives
- To have access to his/her medical records in accordance with applicable federal and state laws and to request that they be amended or corrected as specified in 45 CFR Part 164
- To guarantee the member's right to be free from any form of restraint or seclusion used as a means of coercion, discipline, convenience or retaliation
- To receive information on available treatment options and alternatives, presented in a manner appropriate to the member's condition and ability to understand
- To ensure the member is free to exercise his or her rights without Molina Healthcare of Nevada or network provider treating the member adversely
- To be treated with respect, and recognition for their dignity and need for privacy

Molina members have the responsibility to:

- Getting familiar with your coverage and the rules you must follow to get care as a member.
- Using all your insurance coverage. If you have additional health insurance coverage or prescription drug coverage besides our plan, it is important that you use your other coverage in combination with your coverage as a member of our plan to pay your health care or prescription drug expenses. This is called "coordination of benefits" because it involves coordinating all the health or drug benefits that are available to you.
- You are required to tell our plan if you have additional health insurance or drug coverage.
- Notifying providers when seeking care (unless it is an emergency) that you are enrolled in our Plan, and you must present your plan membership card to the provider.
- Giving your doctor and other providers the information, they need to care for you, and following the treatment plans and instructions that you and your doctors agree upon. Be sure to ask your doctors and other providers if you have any questions and have them explain your treatment in a way you can understand.
- Acting in a way that supports the care given to other patients and helps the smooth running of your doctor's office, hospitals and other offices.
- Paying your coinsurance or co-payment for your covered services. You must pay for services that aren't covered.
- Notifying us if you move. If you move within our service area, we need to keep your membership record up to date. If you move outside of our plan service area, you cannot remain a member of our plan, but we can let you know if we have a plan in that area.
- Letting us know if you have any questions, concerns.

You can find the complete Molina Member Rights and Responsibilities Statement on our website at Member Resources | Medicaid ([MolinaHealthcare.com](https://www.molinahealthcare.com)). Written copies and more information can be obtained by contacting Provider Services at **(833) 685-2103**.

Population health (Health education, disease management, care management and complex case management)

The tools and services described here are educational support for our members. We may change them at any time to meet their needs.

Molina offers programs to help our members and their families manage a diagnosed health condition. As a provider, you also help us identify members who may benefit from these programs. Members can request to be enrolled or disenrolled in these programs. Our programs include:

- Asthma management
- Diabetes management
- High blood pressure management
- Cardiovascular disease (CVD) management/
congestive heart disease
- Chronic obstructive pulmonary disease
(COPD) management
- Depression management
- High-risk obstetrician-gynecologist (OB/
GYN) case management
- Transition of care (ToC)

You can find more information about our programs at **Health Care Services | Medicaid**.

If you have additional questions about our programs, please call **Provider Services** at **(833) 685-2103 (TTY/TDD at 711 Relay)**.



Quality improvement program

Molina's quality improvement (QI) program provides the structure and key processes that enable the health plan to carry out our commitment to ongoing improvement in members' health care and service. The QI committee assists the organization in achieving these goals. It is an evolving program that is responsive to the changing needs of the health plan's members and the standards established by the medical community and regulatory and accrediting bodies.

The key quality processes include but are not limited to:

- Implementation of programs and processes to improve members' outcomes and health status
- Collaboration with our contracted provider network to identify relevant care processes, develop tools and design meaningful measurement methodologies for provided care and service
- Evaluation of the effectiveness of programs, interventions and process improvements and determination of further actions
- Design of effective and value-added interventions
- Continuous monitoring of performance parameters and comparing to performance standards and benchmarks published by national, regional or state regulators, accrediting organizations and internal Molina thresholds
- Analysis of information and data to identify trends and opportunities and the appropriateness of care and services
- Oversight and improvement of functions that may be delegated: claims, UM and/or credentialing
- Confirmation of the quality and adequacy of the provider and health delivery organization network through appropriate contracting and credentialing processes



Quality improvement program (continued)

The QI program promotes and fosters accountability of employees, network and affiliated health personnel for the quality and safety of care and services provided to Molina members.

The effectiveness of QI program activities in producing measurable improvements in the care and service provided to members is evaluated by:

- Organizing multi-disciplinary teams -- including clinical experts -- to analyze service and process improvement opportunities, determine actions for improvement and evaluate results
- Tracking the progress of quality activities and goals through appropriate quality committee minutes and reviewing/updating the quality work plan quarterly
- Revising interventions based on analysis when indicated
- Evaluating member satisfaction with their experience of care through the Consumer Assessment of Healthcare Providers and Systems (CAHPS®) survey
- Reviewing member satisfaction with their experience with behavioral health services through survey questions and/or evaluation of behavioral health-specific complaints and appeals
- Conducting provider satisfaction surveys with specific questions about the UM process, such as determining the level of satisfaction with getting a service approved, obtaining a referral and case management

Molina would like to help you promote the important care activities you have undertaken in your practices. If you would like to have your projects and programs highlighted on the Molina website, please contact the QI department at **(833) 685-2103**.

If you would like more information about our QI program or initiatives and the progress toward meeting quality goals, you can visit our website at [and](#) access the Health Resources area on our provider website pages. If you would like to request a paper copy of our documents, please call the QI department at **(833) -685-2103**.



Standards for medical record documentation

Molina has established medical record documentation standards to help assure our members' highest quality of care. Medical record standards promote quality care through communication, coordination and continuity of care, and efficient and effective treatment.

Molina's medical record documentation standards include:

- Medical record content
- Medical record organization
- Information filed in medical records
- Ease of retrieving medical records
- Confidential patient information
- Standards and performance goals for participating providers

Below are commonly accepted standards for documentation in medical records and must be included in each medical record:

- History and physicals
- Allergies and adverse reactions
- Problem list
- Medications
- Documentation of clinical findings and evaluation for each visit
- Preventive services/risk screening

For more information, please call the QI department at **(833) 685-2103**.

Preventive health guidelines

Preventive health guidelines can benefit providers and their patients. Guidelines are based on scientific evidence, a review of the medical literature or appropriately established authority, as cited. All recommendations are based on published consensus guidelines and do not favor any particular treatment based solely on cost considerations.

These guidelines are meant to recommend a standard level of care and do not preclude the delivery of additional preventive services depending on the member's needs.

You can view all guidelines at [Preventive Health Guidelines](#) by accessing the Health Resources section on our provider web pages. To request printed copies of preventive health guidelines, please contact Provider Services at **(833) 685-2103**.

Clinical practice guidelines



Clinical practice guidelines are based on scientific evidence, a review of the medical literature or appropriately established authority, as cited. All recommendations are based on published consensus guidelines and do not favor any particular treatment based solely on cost considerations. The care recommendations are suggested as guides for making clinical decisions. Providers and our members must work together to develop individual treatment plans tailored to the member's specific needs and circumstances.

Molina has adopted the following Clinical Practice and Behavioral Health Guidelines, which include but are not limited to:

- Acute stress and post-traumatic stress disorder (PTSD)
- Anxiety/panic disorder
- Asthma
- Attention deficit hyperactivity disorder (ADHD)
- Autism
- Bipolar disorder
- Cancer
- Children with special health care needs
- Chronic kidney disease
- Chronic obstructive pulmonary disease
- Depression
- Diabetes
- Heart failure in adults
- Homelessness - special health care needs
- HIV/AIDS
- Hypertension
- Obesity
- Opioid management
- Perinatal care
- Postpartum care
- Pregnancy management
- Schizophrenia
- Sickle cell disease
- Substance abuse treatment
- Suicide risk
- Trauma-informed primary care

You can also view guidelines at [Clinical Practice Guidelines](#) in the Health Resources section on the provider web pages. To request a copy of any guidelines, please contact Provider Services at **(833) 685-2103**.

Advance directives

Providers can assist Molina members in preparing an advance directive. Anyone 18 or older can have an advance directive, including a living will document and a durable power of attorney.

A living will is written instruction explaining the wishes of a Molina member regarding health care in the case of a terminal illness or any medical procedures that can prolong life. A durable power of attorney names a person to make decisions for our members if they cannot.

The following links provide free forms and information to help create an advance directive:

- [caringinfo.org](https://www.caringinfo.org)
- nlm.nih.gov/medlineplus/advancedirectives.html

Members will need two witnesses for the living will and valid notarization for a durable power of attorney.

An advance directive must be honored to the fullest extent permitted under law. Providers should discuss advance directives and provide appropriate medical advice if the member desires guidance or assistance, including any objections they may have to a directive prior to service whenever possible. Providers cannot refuse treatment or otherwise discriminate against members because they completed an advance directive. Members have the right to file a complaint if they are dissatisfied with the handling of an advance directive and/or if there is a failure to comply with advance directive instructions.

Providers should have materials on advance directives for members to review. They should also put a copy of a completed advance directive form in a prominent section of the medical record. The medical record should also document if a member chooses not to execute an advance directive. Providers should inform members that advance care planning is a part of good health care.

Behavioral health

PCPs provide outpatient behavioral health services within the scope of their practice and are responsible for coordinating members' physical and behavioral health care.

Behavioral health services are a direct access benefit and are available with no required referrals; however, PCPs are responsible for assisting in coordinating access and treatment, if needed. If you or the member need assistance with obtaining behavioral health services, please contact Member Services at **(833) 685-2102**.

Providers may refer to the Molina Behavioral Health Toolkit for providers online at Behavioral Toolkit ([MolinaHealthcare.com](https://www.molinahealthcare.com)) for additional clinical guidance, recommendations and training/education opportunities related to behavioral health conditions.

Our 24-hour Nurse Advice Line is also available to members 24 hours a day, 7 days a week, 365 days per year for mental health or substance use needs. The services received will be confidential.

If you have a member with complex behavioral health needs our staff is here to help. Our case management referral form can be accessed at [MolinaHealthcare.com](https://www.molinahealthcare.com).



Care coordination and transitions

Coordination of care during planned and unplanned transitions for Molina members

Molina is dedicated to providing quality care for our members during planned or unplanned transitions. A transition is when members move from one setting to another, such as when a Molina member is discharged from a hospital. By working together with providers, Molina makes a special effort to coordinate care during transitions to avoid potential adverse outcomes.

Molina has resources to assist you in easing the challenge of coordinating care. Our staff, including nurses, can work with all parties to ensure appropriate care.

To appropriately coordinate care, Molina will need the following information in writing from the facility within one business day of the transition from one setting to another:

- Discharge plan when the member is transferred to another setting
- A copy of the member's discharge instructions when discharged to home

This information should be faxed to Molina at:

- UM department: **(833) 685-2103**
- Member Services: **(833) 685-2102 (TTY/TDD: 711)**

Health Risk Assessment and self-management tools

Molina provides members with a Health Risk Assessment (health appraisal) on the My Molina® member portal. Our members are asked questions about their health and behaviors and receive a report about possible health risks. A self-management tool is also available to offer guidance for weight management, depression, financial wellness and various other topics. Molina members can access these tools on [MyMolina.com](https://www.mymolina.com).